

2008-2009 VALPARAISO CRUSADERS

WOMEN'S BASKETBALL QUICK FACTS (as of Sept. 8)

GENERAL

Name of School: Valparaiso University
City/Zip: Valparaiso, Ind. 46383
Founded: 1859
Enrollment: 4,000
Nickname: Crusaders
School Colors: Brown and Gold
Home Court (Capacity): Athletics-Recreation Center (5,000)
Press Row Phone: (219) 548-1502
Affiliation: NCAA Division I
Conference: Horizon League
President: Mark Heckler
Athletics Director: Mark LaBarbera
Senior Woman Administrator: Jennifer Samble
Athletics Department Phone: (219) 464-6894
Ticket Office Phone: (219) 464-5233
Website: www.valpoathletics.com

HISTORY

First year of program: 1971-1972
Overall all-time record: 436-439 (1971-1972 results unknown)
Number of years in NCAA Tournament (last): 2 (2004)
Number of years in WNIT (last): 1 (2002)
Number of Conference Regular Season Titles (last): 2
(2001-02, Mid-Continent)
Number of Conference Tournament Titles (last): 2
(2004, Mid-Continent)
Last Post-Season Appearance: 2004 (2004, lost 71-63
vs. Kansas State 1st Round)

SPORTS MEDIA RELATIONS

Assistant AD for Media Relations/Women's Basketball SID:
Ryan Wronkowicz

Office phone number: (219) 464-5232
Home phone number: (219) 464-7653
Cell phone number: (219) 617-2466
E-mail: Ryan.Wronkowicz@valpo.edu

Assistant Director: Aaron Leavitt
Office phone number: (219) 464-6953
Cell phone number: (219) 476-6680
E-mail: Aaron.Leavitt@valpo.edu

SID Fax number: (219) 464-5762
SID Mailing Address: Valparaiso University
Sports Media Relations
Athletics-Recreation Center
1009 Union Street
Valparaiso, IN 46383

COACHING STAFF

Head Coach: Keith Freeman-15th season
Alma Mater (Year): Huntington College (1986)
Record at Valpo (Seasons): 243-168 (14 seasons)
Overall Record (Seasons): 372-215 (20 seasons)
Women's Basketball Office Phone: (219) 464-5146
Assistant Coaches: Greg Kirby (William Jewell, 1969)-3rd season,
Abby Scharlow (Green Bay, 2005)-2nd season, and Christy Smith
(Arkansas, 1998)-1st season

TEAM INFORMATION

Overall Record last year: 14-16
Home/Away/Neutral: 9-4/4-11/1-1
Horizon League Record (Finish): 9-9 (5th/10)
Final Ranking last year: N/A
Letterwinners Returning/Lost: 11/2
Starters Returning/Lost: 5/0

MEDIA INFORMATION

Radio Station: WVUR (95.1-FM, Valparaiso)
Sports Director: David Schroeder
Phone number: (219) 464-5383
Fax number: (219) 464-6742

Newspaper: Northwest Indiana Times
Sports Editor: Justin Breen
Phone number: (219) 933-3337
Porter County Sports Editor: Greg Smith
Phone number: (219) 462-5151
Fax number: (219) 465-7298

Newspaper: Post-Tribune
Sports Editor: Steve Gorches
Phone number: (219) 648-3140
Fax number: (219) 648-3236

Newspaper: The Torch
Sports Editor: Alex Smith
Phone number: (219) 464-5426
Fax number: (219) 464-6728



2008-2009 VALPARAISO CRUSADERS WOMEN'S BASKETBALL SCHEDULE

Date	Opponent	Location	Time
Nov. 1	Concordia (Wis.) (exhibition)	ARC	1:35 p.m.
Nov. 8	Saint Joseph's (Ind.) (exhibition)	ARC	5:30 p.m.
Nov. 19	Bowling Green	ARC	7:05 p.m.
Nov. 25	at Central Michigan	Mount Pleasant, Mich.	11 a.m.
<i>Nov. 28-29</i>	<i>at Coors Rocky Mountain Invitational</i>	<i>Fort Collins, Colo.</i>	
Nov. 28	at Colorado State	Fort Collins, Colo.	8 p.m.
Nov. 29	vs. Florida State/Murray State	Fort Collins, Colo.	6 p.m.
Dec. 6	at North Texas	Denton, Texas	4:40 p.m.
Dec. 10	Purdue	ARC	6 p.m.
Dec. 13	Notre Dame	ARC	1:35 p.m.
Dec. 21	at South Dakota State	Brookings, S.D.	2 p.m.
<i>Dec. 29-30</i>	<i>at Christmas City Classic</i>	<i>Bethlehem, Pa.</i>	
Dec. 29	vs. LaSalle	Bethlehem, Pa.	4 p.m.
Dec. 30	at Lehigh/vs. North Florida	Bethlehem, Pa.	4/6:30 p.m.
Jan. 3	Youngstown State *	ARC	1:35 p.m.
Jan. 5	Cleveland State *	ARC	7:05 p.m.
Jan. 8	at Wright State *	Dayton, Ohio	6 p.m.
Jan. 10	at Detroit *	Detroit, Mich.	1 p.m.
Jan. 15	UIC *	ARC	7:05 p.m.
Jan. 17	Loyola (Chicago) *	ARC	1:35 p.m.
Jan. 23	at Butler *	Indianapolis, Ind.	6 p.m.
Jan. 29	at Milwaukee *	Milwaukee, Wis.	7 p.m.
Jan. 31	at Green Bay *	Green Bay, Wis.	2 p.m.
Feb. 5	Detroit *	ARC	7:05 p.m.
Feb. 7	Wright State *	ARC	1:35 p.m.
Feb. 12	at Loyola (Chicago) *	Chicago, Ill.	7 p.m.
Feb. 14	at UIC *	Chicago, Ill.	7 p.m.
Feb. 17	Chicago State	ARC	7:05 p.m.
Feb. 21	Butler *	ARC	1:35 p.m.
Feb. 26	Green Bay *	ARC	5:30 p.m.
Feb. 28	Milwaukee *	ARC	1:35 p.m.
Mar. 5	at Cleveland State *	Cleveland, Ohio	6 p.m.
Mar. 7	at Youngstown State *	Youngstown, Ohio	1:05 p.m.
Mar. 9, 11, 13, 15	Horizon League Championships	campus sites	

All Times Central.

Home Games in Bold and Played at Athletics-Recreation Center.

* - Indicates Horizon League Game.

2008-2009 VALPARAISO CRUSADERS WOMEN'S BASKETBALL ROSTER

#	Name	Pos.	Ht.	Yr.	Hometown/High School (Prev. School)
3	Rashida Ray	G	5'3"	So.	Fort Wayne, Ind./Harding
4	Lauren Kenney	F	5'11"	Jr.	Mooresville, Ind./Mooresville (Lincoln Trail)
5	Betsy Adams	G	5'7"	Fr.	Monticello, Ind./Twin Lakes
11	Agnieszka Kulaga	G	5'6"	Sr.	Tarnow, Poland/I Liceum Ogolnoksztalcece
12	Leah Hochstetler	G	5'6"	Sr.	Berlin, Ohio/Hiland
13	Stephanie Thomas	G	5'10"	So.	Avon, Ind./Avon
14	Launa Hochstetler	G	5'6"	Sr.	Berlin, Ohio/Hiland
20	Kelly Peller	F	5'11"	Jr.	Chesterton, Ind./Chesterton
25	Whitney Farris	F	5'10"	Jr.	Kokomo, Ind./Kokomo
31	Aimee Litka	F	5'9"	Sr.	South Bend, Ind./Saint Joseph's
32	Sarah Ott	F	6'1"	5 th /Sr.	Chippewa Falls, Wis./Chippewa Falls
33	Katie Emig	C	6'2"	Jr./So.	Farmington Hills, Mich./Birmingham Marian
35	Kelly Watts	F	6'0"	Jr. *	Gary, Ind./East Chicago Central (Eastern Michigan)
41	Ashley Varner	F	6'0"	So.	South Bend, Ind./Washington
55	Sylvia Zabielewicz	C	6'6"	Jr.	Warsaw, Poland/ LXII Liceum Ogolnoksztalcece (Midland)

Head Coach: **Keith Freeman** (Huntington, 1986) – 15th season
 Associate Head Coach: **Greg Kirby** (William Jewell, 1969) – 3rd season,
 Assistant Coaches: **Abby Scharlow** (Green Bay, 2005) – 2nd season
 and **Christy Smith** (Arkansas, 1998) – 1st season
 Graduate Assistant: **Amy Hayden** (Southern Illinois, 2006) – 2nd season

* - Must sit out 2008-2009 in compliance with NCAA Transfer rules.

2008-2009 VALPARAISO CRUSADERS WOMEN'S BASKETBALL FACTS AND NOTES

- Keith Freeman returns for his 15th season at the helm of the Brown and Gold, having posted winning seasons in 12 of 14 years
- **Agnieszka Kulaga** returns to lead the Crusaders after earning Second Team All-Horizon League honors one year ago
- **Launa Hochstetler** enters 2008-2009 ranked 14th in school history with 225 career assists
- Valpo finished 8th in the nation as a team making 7.5 three-pointers per game last season
- The Crusaders were 26th in the country in free throw shooting as a team making 75.3% from the charity stripe
- Agnieszka Kulaga (14.6 ppg) and Aimee Litka (13.7 ppg) return after scoring in double figures a year ago
- Valpo returns 62.6 ppg or the equivalent of 94.6% of its scoring
- Valpo is 73-20 (.785) at the Athletics-Recreation Center since the 2001-02 season

Valparaiso University Basketball
Valparaiso Combined Team Statistics (as of Mar 13, 2008)
All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES.....	(14-16)	(9-4)	(4-11)	(1-1)
CONFERENCE.....	(9-9)	(5-4)	(4-5)	(0-0)
NON-CONFERENCE.....	(5-7)	(4-0)	(0-6)	(1-1)

## Player	GP-GS	Min--Avg	---TOTAL---		---3-PTS---		FT-FTA	Pct	---REBOUNDS---				PF	FO	A	TO	Blk	Stl	Pts	Avg	
			FG-FGA	Pct	3FG-FGA	Pct			Off	Def	Tot	Avg									
11 KULAGA, Agnieszka..	30-30	1016	33.9	156-359	.435	26-89	.292	99-117	.846	21	134	155	5.2	49	1	109	94	2	58	437	14.6
31 LITKA, Aimee.....	30-30	1011	33.7	136-321	.424	68-178	.382	70-83	.843	37	110	147	4.9	70	2	63	66	4	34	410	13.7
14 HOCHSTETLER, Launa.	30-30	967	32.2	100-274	.365	36-110	.327	60-72	.833	9	70	79	2.6	86	3	113	83	3	49	296	9.9
32 OTT, Sarah.....	30-30	865	28.8	80-196	.408	36-90	.400	50-65	.769	36	85	121	4.0	76	4	26	54	7	17	246	8.2
25 FARRIS, Whitney....	30-9	655	21.8	68-157	.433	10-44	.227	37-59	.627	27	91	118	3.9	86	4	48	58	4	16	183	6.1
33 EMIG, Katie.....	27-3	313	11.6	43-85	.506	0-0	.000	15-43	.349	22	45	67	2.5	52	1	1	32	4	6	101	3.7
12 HELENIUS, Sanna....	29-0	297	10.2	31-77	.403	26-55	.473	7-9	.778	3	8	11	0.4	19	0	8	17	2	8	95	3.3
05 USSERY, Jasmine....	8-0	79	9.9	10-15	.667	1-1	1.000	4-8	.500	6	11	17	2.1	7	0	3	8	1	2	25	3.1
20 PELLER, Kelly.....	28-14	366	13.1	29-76	.382	10-28	.357	12-14	.857	8	36	44	1.6	26	1	20	18	3	14	80	2.9
03 RAY, Rashida.....	16-0	130	8.1	12-40	.300	10-30	.333	8-10	.800	1	6	7	0.4	19	0	10	22	0	2	42	2.6
00 HELENIUS, Sanna....	14-0	74	5.3	9-16	.563	1-1	1.000	7-10	.700	4	1	5	0.4	5	0	5	4	0	2	26	1.9
41 VARNER, Ashley....	25-4	237	9.5	14-37	.378	0-5	.000	16-20	.800	18	44	62	2.5	36	1	7	18	6	12	44	1.8
13 THOMAS, Stephanie..	4-0	15	3.8	2-5	.400	0-0	.000	0-1	.000	1	0	1	0.3	1	0	1	0	0	2	4	1.0
TEAM.....										50	81	131	4.4	0		20					

Total.....	30	6025		690-1658	.416	224-631	.355	385-511	.753	243	722	965	32.2	532	17	414	494	36	222	1989	66.3
Opponents.....	30	6025		725-1705	.425	175-528	.331	407-581	.701	358	788	1146	38.2	499	4	405	515	91	240	2032	67.7

TEAM STATISTICS	VALPO	OPP	DATE	OPPONENT	W/L	SCORE	ATTEND		
SCORING.....	1989	2032	11/09/07	at Bowling Green	L	56-81	1028		
Points per game.....	66.3	67.7	11/12/07	at Purdue	L	62-65	8802		
Scoring margin.....	-1.4	-	11/16/07	at Cincinnati	L	69-96	263		
FIELD GOALS-ATT.....	690-1658	725-1705	11/18/07	at Xavier (Ohio)	L	53-64	868		
Field goal pct.....	.416	.425	11/23/07	vs Eastern Kentucky	L	64-66	251		
3 POINT FG-ATT.....	224-631	175-528	11/24/07	vs Central Connecticut State	W	75-67	188		
3-point FG pct.....	.355	.331	12/01/07	BALL STATE	W	64-55	888		
3-pt FG made per game.	7.5	5.8	12/08/07	NORTH TEXAS	W	73-61	502		
FREE THROWS-ATT.....	385-511	407-581	12/12/07	at Notre Dame	L	56-94	5791		
Free throw pct.....	.753	.701	12/16/07	SOUTH DAKOTA STATE	W	65-62	327		
REBOUNDS.....	965	1146	12/22/07	SAINT XAVIER	W	76-57	544		
Rebounds per game.....	32.2	38.2	*01/05/08	BUTLER	W	77-69	646		
Rebounding margin.....	-6.0	-	*01/10/08	at UIC	W	72-63	466		
ASSISTS.....	414	405	*01/12/08	at Loyola (Chicago)	L	60-64	294		
Assists per game.....	13.8	13.5	*01/17/08	MILWAUKEE	L	62-68	487		
TURNOVERS.....	494	515	*01/19/08	GREEN BAY	W OT	90-88	959		
Turnovers per game....	16.5	17.2	*01/24/08	at Wright State	L	50-51	173		
Turnover margin.....	+0.7	-	*01/26/08	at Detroit	W	71-50	423		
Assist/turnover ratio.	0.8	0.8	*01/31/08	YOUNGSTOWN STATE	L	79-92	431		
STEALS.....	222	240	*02/02/08	CLEVELAND STATE	L	63-86	789		
Steals per game.....	7.4	8.0	*02/07/08	LOYOLA (CHICAGO)	W	69-62	529		
BLOCKS.....	36	91	*02/09/08	UIC	W	76-46	747		
Blocks per game.....	1.2	3.0	*02/14/08	at Green Bay	L	44-65	1842		
WINNING STREAK.....	0	-	*02/16/08	at Milwaukee	L	70-76	777		
Home win streak.....	0	-	*02/21/08	DETROIT	W	75-65	467		
ATTENDANCE.....	7903	23522	*02/23/08	WRIGHT STATE	L	64-75	587		
Home games-Avg/Game...	13-608	15-1539	*02/28/08	at Cleveland State	W	66-52	153		
Neutral site-Avg/Game.	-	2-220	*03/01/08	at Youngstown State	W	70-59	1266		
SCORE BY PERIODS:	1st	2nd	OT	Total	*03/08/08	at Butler	L	58-66	499
-----	-----	-----	-----	-----	*03/12/08	at Milwaukee	L	60-67	438
Valparaiso.....	957	1024	8	- 1989	* = Horizon League game				
Opponents.....	993	1033	6	- 2032	! = FGCU Thanksgiving Classic (Fort Myers, Fla.)				
					# = State Farm Hoosier Classic (Valparaiso, Ind.)				
					\$ = Horizon League Tournament (Milwaukee, Wis.)				