

Valparaiso Track & Field
2017-18 Men's Top Outdoor Performances

<u>100 Meter Dash</u>	<u>Time</u>	<u>Date</u>
Ben Sekuloski	11.02	3/10/18
DaQuann Harrell	11.17	3/10/18
Taylor Allen	11.21	3/10/18
James Sampson	11.47	4/21/18

<u>200 Meter Dash</u>	<u>Time</u>	<u>Date</u>
Taylor Allen	22.68	4/14/18
DaQuann Harrell	22.76	4/28/18
James Sampson	22.66	5/12/18

<u>400 Meter Dash</u>	<u>Time</u>	<u>Date</u>
Ben Sekuloski	48.27	4/07/18
Alexander Bruno	48.24	3/30/18
Brandon Riley	48.51	5/12/18
Steve Helm	49.91	5/12/18

<u>800 Meter Run</u>	<u>Time</u>	<u>Date</u>
Ben Zibrizky	1:54.00	5/12/18
Ronald Black	1:58.23	4/14/18
Conner Hickey	2:00.86	4/21/18
Tyler Grimes	2:04.90	4/07/18
Charles Banks	2:08.55	4/07/18
Nathaniel Izewski	2:11.08	4/14/18

<u>1500 Meter Run</u>	<u>Time</u>	<u>Date</u>
Alexander Bruno	3:52.11	3/29/18
Ben Zibricky	4:05.92	3/29/18
Conner Hickey	4:06.00	3/30/18
Nathaniel Izewski	4:15.97	4/21/18
Jack Worman	4:04.93	4/07/18
Ronald Black	4:05.07	4/07/18
Jack Mader	4:11.61	4/07/18
Tyler Grimes	4:15.99	4/21/18
Dominic Paoletti	4:15.80	5/11/18
Charles Banks	4:31.94	4/21/18

<u>5000 Meter Run</u>	<u>Time</u>	<u>Date</u>
Jack Mader	14:59.01	3/31/18
Sydney Noble	15:58.47	4/06/18
Dominic Paoletti	15:22.66	4/21/18
Nathaniel Izewski	16:40.22	4/06/18

110 Meter Hurdles	Time	Date
Quinten Holley	34:35.88	4/28/18

400 Meter Hurdles	Time	Date
Bryce Otterbach	54.66.00	4/14/18
Zach Fortener	58.68.00	4/07/18

Hammer Throw	Distance	Date
Andrew Guzek	170-3.3	3/10/18
Tony Elliot	164-1.2	5/11/18
Jake Rasaweher	144-11.8	4/06/18

4x100m Relay	Time	Date
Brandon Riley, DaQuann HArrel, James Sampson, Taylor Allen	42.41.00	5/13/18

High Jump	Height	Date
Will Maidment	6-5.6	4/14/18

Pole Vault	Mark	Date
Jeremy Seiler	16-0	5/13/18
Kyle Baker	14-5.2	3/10/18
Nathan Woltman	10-11.9	4/07/18

Long Jump	Distance	Date
Riley Malik	21-3	4/21/18
Collin McCullough	21-7.8	4/28/18
Aaron Clark	20-12.0	4/28/18
Cole Stradtman	18-11.6	4/28/18

Javelin Throw	Distance	Date
Dylan Antonides	177-0	4/06/18
Peter Rhodes	164-3	5/11/18
Luke Lavendusky	148-2.7	4/28/18
Zachary Topper	135-2.0	4/28/18
Kyle Baker	37.10	4/28/18

Triple Jump	Distance	Date
Collin McCullough	42-7.8	4/07/18
Aaron Clark	39-8.3	4/28/18

Shot Put	Distance	Date
Andrew Guzek	50-7.9	3/10/18
Jake Rasaweher	45-0	3/10/18

Discus	Distance	Date
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Jake Rasawehr	162-1.7	3/29/18
Andrew Guzek	150-10	5/13/18
Tony Elliot	128-1.0	5/13/18

3000m Steeple	Time	Date
Tim Zange	10:03.67	5/11/18

4x400m Relay	Time	Date
Steve Helm, Brandon Riley, Bryce Otterbach, Benjamin Sekuloski	3:26.33	3/14/18